Simple Disease Activity Index (SDAI)

Joint	Left		Right	
	Tender	Swollen	Tender	Swollen
Shoulder				
Elbow				
Wrist				
MCP 1				
MCP 2				
MCP 3				
MCP 4				
MCP 5				
PIP 1				
PIP 2				
PIP 3				
PIP 4				
PIP 5				
Knee				
Total	Tender:		Swollen:	
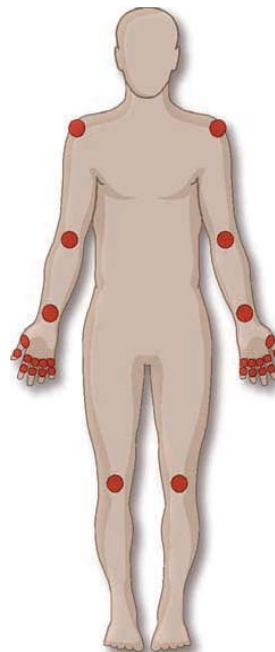
Patient Global Assessment of Disease Activity

Considering all the ways your arthritis affects you, rate how well you are doing on the following scale:

Very Well   O   O   O   O   O   O   O   O   O   O   O   O   O   O   O   O   O   O   O   O   O   Very Poor

0   0.5   1.0   1.5   2.0   2.5   3.0   3.5   4.0   4.5   5.0   5.5   6.0   6.5   7.0   7.5   8.0   8.5   9.0   9.5   10

Your Name_____ Date of Birth _____ Today's Date _____

Provider Global Assessment of Disease Activity

Very Well   O   O   O   O   O   O   O   O   O   O   O   O   O   O   O   O   O   O   O   O   O   Very Poor

0   0.5   1.0   1.5   2.0   2.5   3.0   3.5   4.0   4.5   5.0   5.5   6.0   6.5   7.0   7.5   8.0   8.5   9.0   9.5   10

How to Score the SDAI

Variable	Range	Value
Tender joint score	(0-28)	
Swollen joint score	(0-28)	
Patient global score	(0-10)	
Provider global score	(0-10)	
C-reactive protein (mg/dL)	(0-10)	
Add the above values to calculate the SDAI score	**(0-86)**	

SDAI Score Interpretation	
0.0 – 3.3	Remission
3.4 – 11.0	Low Activity
11.1 – 26.0	Moderate Activity
26.1 – 86.0	High Activity